



Heidi D. Hughart, LPC, NCC, LLC
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I'm looking forward to meeting you. Before you come see me I highly recommend that you call Anthem to determine your mental health coverage. Sometimes Anthem will "carve out" their mental health coverage to a company I am not paneled with. I don't want you to get stuck with a bill. The number to confirm coverage should be on your insurance card.

It is your responsibility to obtain the following information:

-Is Heidi D. Hughart on your panel?

-What is your co-pay?

-Do you have a deductible that needs to be met before services are covered?

(If so, it is your responsibility to pay upfront the full insurance rate at the time services are rendered)

-Do you need prior approval for mental health services? (If so, what is the contact information regarding getting prior approval?)

-Is there a limit to the number of sessions covered? If yes, ask if any providers you have seen to date have used some of your covered sessions and the number used.

If your claim is denied by your insurance company for any reason, you will be responsible to pay for all sessions attended.

See you soon!